



# JUNG KO TAEKWONDO ACADEMY

"A black belt is just a white belt who never gave up!"

Website : [www.jungko.com](http://www.jungko.com) | Phone : 905-886-7753 | Email : [tkd@jungko.com](mailto:tkd@jungko.com) | Address : 180 Steeles Ave West Unit 200, Thornhill, ON L4J 2L1

## JUNG KO TAEKWONDO SCHEDULE

MON	TUE	WED	THU	FRI	SAT	SUN
9:00 am - 4:00 pm Private Lessons Call to book	9:00 am - 4:00 pm Private Lessons Call to book	9:00 am - 4:00 pm Private Lessons Call to book	9:00 am - 4:00 pm Private Lessons Call to book	9:00 am - 4:00 pm Private Lessons Call to book	9:00 am - 12:00pm Private Lessons Call to book	9:00 am - 12:00pm Private Lessons Call to book
3:40 - 4:10 pm Tiny Tiger Tots 3-5 years (All belts)	3:40 - 4:10 pm Tiny Tiger Tots 3-5 years (All belts)	3:40 - 4:10 pm Tiny Tiger Tots 3-5 years (All belts)	3:40 - 4:10 pm Tiny Tiger Tots 3-5 years (All belts)	3:40 - 4:10 pm Tiny Tiger Tots 3-5 years (All belts)	12:00 - 12:30 pm Tiny Tiger Tots 3-5 years (All belts)	
4:10 - 4:50 pm Junior (Beginner) White - Yellow 	4:10 - 4:50 pm Junior (Beginner) White - Yellow 	4:10 - 4:50 pm Junior (Beginner) White - Yellow 	4:10 - 4:50 pm Junior (Beginner) White - Yellow 	4:10 - 4:50 pm Junior (Beginner) White - Yellow 	12:30 - 1:10 pm Junior (Beginner) White - Yellow 	1:00 - 1:40 pm Junior & Adult (Beginner) White - Yellow 
4:50 - 5:30 pm Junior (Intermediate) Green St - Blue st 	4:50 - 5:30 pm Junior (Intermediate) Green St - Blue st 	4:50 - 5:30 pm Junior (Sparring & Poomsae) Blue - Black St 	4:50 - 5:30 pm Junior (Sparring & Poomsae) Blue - Black St 	4:50 - 5:30 pm Junior (Intermediate) Green St - Blue st 	1:10 - 1:55 pm Junior (Sparring & Poomsae) Green St - Blue 	1:40 - 2:25 pm Junior & Adult (Sparring & Poomsae) Green St - Black 
5:30 - 6:10 pm Junior (Advanced) Blue - Black St 	5:30 - 6:10 pm Junior (Advanced) Blue - Black St 	5:30 - 6:10 pm Junior (Sparring & Poomsae) Green St - Blue st 	5:30 - 6:10 pm Junior (Sparring & Poomsae) Green St - Blue st 	5:30 - 6:10 pm Junior (Advanced) Blue - Black St 	1:55 - 2:40 pm Junior (Sparring & Poomsae) Red St - Black 	Private Lessons Call to book
6:10 - 6:50 pm Junior (Beginner) White - Yellow 	6:10 - 6:50 pm Junior (Beginner) White - Yellow 	6:10 - 6:50 pm Junior (Sparring & Poomsae) Black Belt 	6:10 - 6:50 pm Junior (Sparring & Poomsae) Black Belt 	6:10 - 6:50 pm Junior (Beginner) White - Yellow 	2:40 - 3:20 pm All Ages All Belts (Sparring & Poomsae)	
6:50 - 7:30 pm Junior Black Belt (Nunchuck) 	6:50 - 7:30 pm Junior Black Belt (Self Defense) 	6:50 - 7:30 pm Junior (Beginner) White - Yellow 	6:50 - 7:30 pm Junior (Beginner) White - Yellow 	6:50 - 7:30 pm Junior Black Belt (Poomsae) 	2:40 - 3:20pm Black Belt (Boxing) 	
7:30 - 8:20 pm Teen - Adult All Belts (13 & Up)	7:30 - 8:20 pm Teen - Adult All Belts (13 & Up)	7:30 - 8:20 pm Teen - Adult All Belts (Sparring & Poomsae) (13 & Up)	7:30 - 8:20 pm Teen - Adult All Belts (Sparring & Poomsae) (13 & Up)	7:30 - 8:20 pm Teen - Adult All Belts (13 & Up)	3:30 - 5:30pm COMPETITIVE CLASS (BY INVITATION ONLY)	<b>TAEKWONDO CAMP</b> AGES 4 & UP • MARCH CAMP • SUMMER CAMP • WINTER CAMP • PA DAY CAMP  TAEKWONDO • ART & CRAFT STEM • TEAM GAMES SELF-DEFENSE • COOKING OUTDOOR EXPLORATION  <b>JUNG KO TKD BIRTHDAY PARTY</b> 



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Effective October 1st, 2022. Subject to change