



# JUNG KO TAEKWONDO ACADEMY

"A black belt is just a white belt who never gave up!"

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Get In Touch!

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## JUNG KO TAEKWONDO SCHEDULE

ONLINE		IN CLASS					
MON/TUE/THU/FRI	SAT/SUN	MONDAY- FRIDAY		SATURDAY		SUNDAY	
		GYM A	GYM B	GYM A	GYM B	GYM A	GYM B
Private Lessons Call to Book		9:00 am -4:00 pm Private Lessons Call to Book		9:00 am -12:00 pm Private Lessons Call to Book		9:00 am -12:00 pm Private Lessons Call to Book	
		3:30 - 4:00 TINY TIGER TOTS (3-5 yrs) All Belts					
		CLEANING		CLEANING		CLEANING	
		4:10-4:50 PM JUNIORS (Beginner) White-Yellow 		12:00-12:40 PM TOTS + JUNIORS (Beginner) White to Yellow 		1:00-1:40 PM JUNIORS (Beginner) White to Yellow 	
		CLEANING		CLEANING		CLEANING	
5:00-5:40 ALL AGES White to Blue St 		5:00-5:40 PM JUNIORS Green St - Red St 		12:50-1:30 PM TOTS + JUNIORS Green St to Black 		1:50-2:30 PM JUNIORS Green St to Black 	
BREAK		(WED - SPARRING)		(SPARRING)		(SPARRING)	
		CLEANING		CLEANING		CLEANING	
5:50-6:30 PM ALL AGES Blue - Black 		5:50-6:30 PM JUNIORS Red - Black 		1:40-2:20 PM JUNIORS & ADULTS All Belts (SPARRING)		1:40-2:20 PM BOXING *Black Belt Only 	
		(WED - SPARRING)				3:00 - 8:00 PM Private Lessons Call to Book	
		CLEANING		CLEANING			
		6:40-7:20 PM JUNIORS Red - Black 		6:40-7:20 PM JUNIORS (Beginner) White-Yellow 		* Tot classes (3-5 yrs) are 30 mins  Private Classes \$50/45min	
		CLEANING		CLEANING			
		7:30-8:20 PM TEENS/ADULTS (14 Years + ) All Belts (WED - SPARRING)		3:00 - 8:00 PM Private Lessons Call to book			

Advanced booking is mandatory .Effective January 1st 2022. Subject to change



- ▶ All students, parents and visitors are required to wear a mask when entering the building and in the lobby.
- ▶ Jung Ko Taekwondo recommends to continue wearing your mask inside the gym when taking a class.
- ▶ Grip Socks or Indoor Shoes MANDATORY + Water bottle recommended



### Customer Reviews

Are you enjoying classes?  
Please consider writing us a review on Google or Facebook! @JungKoTaekwondo